

The Flip

by Hunter Howe



As he flew swiftly through the air doing a back-flip heel-clicker, he thought, What will happen if I don't land right? A rush of adrenaline filled his veins. His sweaty hands clenched tightly to the handle bars trying as hard as his tired body could to finish this daring rotation. He began to sweat rivers as he came toward the landing ramp, still almost fully upside down. He couldn't panic; if he panicked he would for sure crash. He braced himself and pulled with all his might and he did it—he landed! The crowd screamed like thunder and jumped up screaming, "World champ! World champ!" He was shaking and sweating a cold sweat. Frightened but hysterical with joy, he was the best rider in the world!

Helga, the Lunch Lady

by Mary Beth Wilk

Once there was a very vile lunch lady named Helga. Every afternoon Helga would serve meatloaf to the demanding middle school children for lunch. That was her way of life, and she lived it as a lunch lady.

One day Timmy Thomas ordered meatloaf for lunch, and Helga was his server. Every afternoon before she would serve the kids Helga would cover her greasy hair, which she had not brushed in years, beneath the brown hair net, wrapped tightly in a bun. Helga never liked the hair net because she'd always dreamed of her hair looking hot for Rich, the principal. When Timmy sat down for lunch, he found a big, thick piece of Helga's greasy, un-groomed hair in his meatloaf. Timmy choked on Helga's hair. The school had to call an ambulance. When he returned to his home he told his mother, Amelia Thomas. His mother was disturbed and concerned, so she called Rich.

Amelia Thomas and Rich were seeing each other. Helga was always so envious. She always said that Amelia stole her man. That's why she deliberately put her hair in Timmy's meatloaf. She did it for payback.

When Amelia called Rich, he said he would do something about the situation. When he went to break the news the Helga, she did not take it so well. She was disappointed and heart broken; she had a giant crush on Rich. That evening she got a chainsaw out of her attic, and went to Rich's house.

When she arrived, Rich opened the door, and he was taken aback. He asked, "What are you doing here tonight? I thought I fired you."

She replied viscously, "I thought you liked me." Right then she cranked up the chainsaw and the next minute, well he was gone.

